SEARCHI

SEARCHING QUESTIONS

WHERE TO GO FOR DEBT ADVICE



Please read the following and answer truthfully

- Do you only make the minimum payment on your credit card?
- Do you increasingly rely on overdraft facilities to make ends meet?
- Do you regularly receive a high number of bank charges?
- Are you regularly harassed by people to whom you owe money?
- Do you rely on payday loans to get by each month?
- Are you kept awake at night worrying about your debts?
- Do you never seem to have any savings?

If you answered yes to at least one of these then you may be heading for a debt crisis in the near future. Please get some financial advice as soon as possible. A list of people and places where you can get help is given overleaf.





WHERE TO GO FOR DEBT ADVICE

Do you have debt problems? Answer the questions on the back, then look inside to find help.

We don't want to sell you anything - just offer some places to go if you have debt problems.

We don't want to sell you anything Just offer some places to go for debt advice

Registered Charity Number 1198452

Dorchester Poverty Action e-mail info@dorchesterpovertyaction.org.uk www.dorchesterpovertyaction.org.uk Makes small grants (DT1 & DT2) to individuals and families in financial crisis by referral from a recognised helping agency eg social worker, health visitor, Citizens Advice

Citizens Advice Central Dorset 0800 144 88 48 (Freephone Citizens Advice Dorset Advice line) www.centraldorsetca.org.uk 1 Acland Road, Dorchester, DT1 1JW. Confidential, free impartial independent advice.

Christians Against Poverty 01305 262045 (Dorford church office) email cap@dorchesterbc.org.uk www.dorchesterbc.org.uk/cap
The CAP Money Course is a free money management course that teaches people budgeting skills and a simple, cash-based system.

MoneyHelper 0800 011 7777 www.moneyhelper.org.uk Free guidance you can trust from HM Government on debt, benefits

StepChange (Debt charity) 0800 138 1111 www.stepchange.org
Free impartial advice, including debt, welfare benefits, debt management, mortgage and bankruptcy counselling

National Debtline (Debt charity) 0808 808 4000 www.nationaldebtline.org Free and independent debt advice over the phone and online.

Dorset Reclaim 01305 267711 www.dorsetreclaim.org.uk Unit 5 Poundbury West Industrial Estate, Dorchester DT1 2PG Not-for-profit furniture re-use project offering donated electrical and household goods to the general public with additional discounts available for households on low incomes.

Dorchester Food Bank 077554 983 978 Dorford Centre Bridport Road Dorchester DT1 2RR Open Mon, Wed, Fri 10.30 – 12.30 Supplies emergency food parcels for those in crisis on referral by a recognised helping agency

Food Share 01305 267171 Dorchester Community Church Liscombe Street, Poundbury, Dorchester, Dorset DT1 3DF Food parcel of fresh items each week for up to 3 months; referrals from key workers, health care professionals and registered charities

Community Share Dorchester – Community larder at Storehouse Church, 3 Cambridge Road, Dorchester Tues 10 – 12noon Self referral

The YOU Trust - First Point Dorset Integrated prevention and support service 0330 123 2550 www.theyoutrust.org.uk
Suite1 Stowey House, Bridport Road, Dorchester DT1 3SB
Housing related support and guidance to people over 16 years of age facing eviction, rent arrears, court action and budgeting issues.

Age UK North, South and West Dorset 01305 269444 www.ageuk.org.uk/northsouthwestdorset
Units 1&2, 5 Crown Square, Poundbury, Dorchester DT1 3EN
For people over 50: Information and advice including benefits, fuel poverty, care provision, housing, help with form filling etc

Great Western Credit Union 0117 924 7309 Helpline open 9-4 Mon-Fri, e-mail info@gwcu.org.uk www.greatwesterncu.org Offers save saving and affordable loans

Samaritans Weymouth free Helpline 116 123, 13 King Street, Weymouth DT4 7BJ Whatever you're going through, call free any time, from any phone, on 116 123.

